

# CURRICULUM VITAE

## John Joseph Prendergast, M.D.

### Office

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### Education

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1950 - 1955	H S Diploma	Cranbrook School, Bloomfield Hills, Michigan
1955 - 1959	A. B. Degree	Williams College, Williamstown, Massachusetts,
1959 - 1963	M. D. Degree	Wayne State University College of Medicine, Detroit, Michigan

### Certifications

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Internal Medicine, October 17, 1969 #30281  
Recertification in Internal Medicine, October 29, 1977 #30281  
Endocrinology and Metabolism, October 17, 1972 #30281

### Positions Held

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2007 - 2008	State of California Legislative Task Force on Diabetes and Obesity
2001 - present	Founder and Medical Director, Endocrine Therapeutics, Inc.
1998 - 2001	Founder and Medical Director, DiabetesWell.com
1997 - present	President, Endocrine Metabolic Medical Center
1996 - 2000	State Chairman, American Association of Clinical Endocrinologists
1994 - 1997	President, Health Protection Associates Medical Corporation
1993 - 1997	Chairman of the Board of Directors and Medical Director, Health Protection, Inc.
1992 - present	Reviewer, American Board of Internal Medicine 1992
1992 - present	Endocrine-Metabolic Case Reviewer, Medical Board of California, Division of Medical Quality
1988 - 1995	Medical Director Diabetic Treatment Center, Sequoia Hospital, Whipple & Alameda, Redwood City, CA 94062
1986 - present	President, Pacific Medical Research Foundation, 3301 El Camino Real, Suite 100, Atherton, CA 94027
1985 - 1997	President, Pacific Medical Research Services, 3301 El Camino Real, Suite 100, Atherton, CA 94027
1970 - 2006	Associate Clinical Professor (ret.), Department of Medicine, University of California Medical Center, San Francisco, CA
1970 - present	Staff Physician, Sequoia Hospital, 2900 Whipple Avenue, Redwood City, CA 94062

## **Positions Held (continued)**

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1975 - 1980	Member of Executive Committee, Redwood Medical Clinic, 2900 Whipple Avenue, Redwood City, CA 94062. Chairman 1978-1980.
1973 - 1975	Director, Diabetic Rehabilitation Center for the States of California, Washington, Oregon, Hawaii and Alaska, Sequoia Hospital, Whipple & Alameda, Redwood City, CA
1970 - present	Staff Physician Stanford
1970 - 1985	Internist and Endocrinologist, Redwood Medical Clinic, 2900 Whipple Avenue, Redwood City, CA 94062
1968 - 1970	Research Fellow, Metabolic Research Unit, University of California Medical Center, San Francisco, CA
1966 - 1968	Fellow in Endocrinology, Henry Ford Hospital, Detroit, Michigan
1966 - 1968	Chief Resident Physician, Henry Ford Hospital, Detroit, Michigan
1964 - 1966	Resident, Henry Ford Hospital, Detroit, Michigan
1963 - 1964	Intern, William Beaumont Hospital, Royal Oak, Michigan

## **Memberships**

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American Association of Clinical Endocrinologists  
Fellow, American College of Endocrinology  
American College of Medical Quality  
The California Academy of Medicine  
The Endocrine Society  
Diplomate, American Board of Endocrinology and Metabolism  
American Diabetes Association  
Diplomate, American Board of Internal Medicine  
Fellow of American College of Physicians  
California Medical Association  
San Mateo County Medical Society  
Charter Member, American Association of Clinical Endocrinologists  
American Society of Internal Medicine  
Society for Clinical Densitometry  
American Association of Diabetes Educators  
North American Vascular Biology Organization

## **Awards**

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Father of the Year 2008, Awarded by the American Diabetes Association

## Publications

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1. Prendergast, J.J. and Miller, J.M.: THYROID RESERVE IN EUTHYROID PATIENTS AFTER ABLATIVE THERAPY FOR GRAVES' DISEASE. Program, Endocrine Society, Miami Beach, Florida, June 1967 (abstract).
2. Morrow, L.B., Prendergast, J.J., Mellinger, R.C., and Guansing,: GROWTH HORMONE IS CUSHING'S SYNDROME. Presented, Endocrine Society, Mexico, July 1968.
3. Prendergast, J.J., Steinback, H.L., and Forsham, P.H.: ABSENCE OF MEDIASTINAL WIDENING IN SPONTANEOUS CUSHING'S SYNDROME. *Clinical Research.*, 17:109, JANUARY 1969.
4. Karam, J., Grasso, S., Prendergast, J.J., and Campbell, J: OBESITY AS A FACTOR IN REDUCING CIRCULATING LEVELS OF GROWTH HORMONE. Program, Endocrine Society, New York, June 1969.
5. Morrow, L.B., Mellinger, R.C., Prendergast, J.J., and Guansing,: GROWTH HORMONE IN HYPERSECRETORY DISEASES OF THE ADRENAL GLAND. *Journal of Clinical Endocrinology and Metabolism*, 29:1364-1368, October 1969
6. Prendergast, J.J., and Miller, J.M.: POST-THERAPEUTIC THYROID RESERVE: THYROID RESERVE IN EUTHYROID PATIENTS AFTER ABLATIVE THERAPY FOR DIFFUSE TOXIC GOITER. *Henry Ford Hospital Medical Journal*, 18:#1, 1970.
7. Prendergast, J.J., Von Werder, K., and Forsham, P.H.: IMPROVEMENT OF EARLY PHASE INSULIN RELEASE AFTER THE SULFONYLUREA, GLYBURIDE. *Clinical Research.*, 18:142, January 1970.
8. Prendergast, J.J., Forsham, P.H.: COMPARTMENTAL AND EARLY PHASE INSULIN RELEASE AFTER GLYBURIDE. *Excerpta Medica (7th Congr., International Diabetes Fed., Buenos Aires, August 1970)*.
9. Prendergast, J.J., Forsham, P.H., Brody, H., Reed, J.W., Burrill, K., and Silverman, S.: ORAL SYMPTOMS IN GLUCOSE INTOLERANCE: A CASE FOR PERIPHERAL INSULIN RESISTANCE. *Diabetes*.
10. Prendergast, J.J., and Forsham, P.H.: GLYBURIDE AND INSULIN RELEASE IN MATURITY-ONSET DIABETES. *Diabetes*.
11. Prendergast, J.J., Reed, J.W., Burrill, K., and Forsham, P.H.: ORAL SYMPTOMS AND GLUCOSE INTOLERANCE. Program, *Amer. Coll. Physicians*, 52nd, Annual Session, Denver, Colorado, March 29 - April 2, 1971.
12. Prendergast, J.J., Von Werder, K., and Williams, P.T.: PANCREATIC GLUCAGON LEVELS IN A PATIENT WITH MULTIPLE ENDOCRINE ADENOMATOSIS (MEA). Program, Endocrine Society, June 10-12, St. Louis, 1970.
13. Brody, Harvey A., Prendergast, John J., Silverman, Sol: THE RELATIONSHIP BETWEEN ORAL SYMPTOMS, INSULIN RELEASE, AND GLUCOSE INTOLERANCE: ORAL SURGERY, ORAL MEDICINE, ORAL PATHOLOGY. Volume #31, #6, pages 777 - 782, June 1971.
14. Goldfield, Edythe, Braiker, Barry M., Prendergast, J. Joseph, and Kolb, F.O.: SYNTHETIC SALMON CALCITONIN, TREATMENT OF PAGET'S DISEASE AND OSTEOGENESIS IMPERFECTA, *JAMA*, September 14, 1972, Pages 1127 - 1129.

## **Publications (continued)**

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15. Braiker, B.M., Prendergast, J.J., and Lucas, D.B.: MULTIPLE FATIGUE FRACTURES AND EPIPHYSEAL COLLAPSE IN CHILDREN. *Clinical Aspects of Metabolic Bone Disease*, Excerpta Medica Pg.492-497, 1973.
16. Heatley, S.A., Prendergast, J.J., et al: TRANSDERMAL NICOTINE DELIVERY IMPROVES SHORT-TERM SMOKING CESSATION RATES, Abstract and Presentation. Joint Meeting SEP-SEPCR, Barbican Center, London, September 9-14, 1990.
17. Bradford, R.H., Prendergast, J.J., (contributor), et al: EXPANDED CLINICAL EVALUATION OF LOVASTATIN (EXCEL) STUDY RESULTS. *Archives of Internal Medicine*, Vol. 151, Pg 43-49, January 1991.
18. Daughton, D.M., M.S., Heatley, S.A., Prendergast, J.J.: EFFECT OF TRANSDERMAL NICOTINE DELIVERY AS AN ADJUNCT TO LOW-INTERVENTION SMOKING CESSATION THERAPY. *Archives of Internal Medicine*, Vol 151, Pg 749-752, April 1991.
19. Prendergast, J.J.: GRATEFUL MED TRACKS HEART-THYROID CONNECTION. National Library of Medicine, National Institutes of Health, May/June 1991.
20. The Tacrine Study Group: A CONTROLLED TRIAL OF TACRINE IN ALZHEIMER'S DISEASE. *The American Medical Association*, November 11, 1992 Vol 268
21. Vinik, A.I., Prendergast, J.J., et al, EFFECTS OF GEMFIBROZIL ON TRIGLYCERIDE LEVELS IN PATIENTS WITH NIDDM, *Diabetes Care*, Volume 16, #1, pp. 37-43, January 1993.
22. Prendergast, J.J., Madan, S., Gavin, L.A., EXERCISE AND HYPOGLYCEMIA, *Diabetes Care*, Vol 16, #11, November 1993.
23. Prendergast, J.J., et al, OVER-DELIVERY OF INSULIN BY INSULIN PUMPS, *Diabetes Care*, Volume 18, #7, pp. 1201, August 1995.
24. Aoki, T.T., Prendergast, J.J., et al, EFFECT OF CHRONIC INTERMITTENT INTRAVENOUS INSULIN THERAPY ON ANTIHYPERTENSIVE MEDICATION REQUIREMENTS IN IDDM SUBJECTS WITH HYPERTENSION AND NEPHROPATHY, *Diabetes Care*, Vol 18, #9, pp. 1260-1265, September 1995.
25. Rosenstock, et al The Glimepiride Study Group., GLIMEPIRIDE, a new once daily sulphonylurea: a double-blind placebo-controlled study of NIDDM patients. *Diabetes Care* Vol 10, No 11, Pg 1194-1200.
26. Prendergast, J.J., Aubry, W., SEVERE AUTONOMIC NEUROPATHY TREATED WITH SUBCUTANEOUS INSULIN INFUSION, *Diabetes Care*, VOL. 19, NUMBER 1, Pg. 90 January 1996.
27. Medicated Urethral System for Erection, Safety Study II: Does Repeated Administration of Transurethral Alprostadil Increase the Risk Of Lower Urinary Tract Infection? A.P. Spivak,MD, J. Joseph Prendergast, MD et al *American Urologic Association* 1996 6/27/08.
28. Efficacy and Tolerability of Lisinopril and Nifedipine GITS in Hypertension Associated with Non-insulin Dependent Diabetes (NIDDM) abstract, ADA New Orleans 1994.
29. Decreased Recurrence of Healed Diabetic Foot Ulcers Treated with a Cultured Human Dermis abstract, *Wound Repair and Regeneration*, January - March, 1996.
30. Gentzkow, G., Prendergast, J.J., et al, USE OF DERMAGRAFT, A CULTURED HUMAN DERMIS, TO TREAT DIABETIC FOOT ULCERS, *Diabetes Care*, Volume 19, #4, pp. 350, April 1996.

## Publications (continued)

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31. Linet, O.L., Prendergast, J.J., et al, EFFICACY AND SAFETY OF INTRACAVERNOSAL ALPROSTADIL IN MEN WITH ERECTILE DYSFUNCTION, The New England Journal of Medicine, Volume 334, #14, pp.873, April 4, 1996
32. Prendergast, J.J., Dorsey, Cynthia, DIABETES MANAGEMENT ON THE INTERNET, Program American Diabetes Association Annual Meeting, Boston, June 1997
33. Prendergast, J.J., Dorsey, Cynthia, DIGITAL RETINOPATHY SCREENINGS, Program American Diabetes Association Annual Meeting, Boston, June 1997
34. Padma-Nathan, H et. al. TREATMENT OF MEN WITH ERECTILE DYSFUNCTION WITH TRANSURETHRAL ALPROSTADIL. MEDICATED URETHRAL SYSTEM FOR ERECTION (MUSE) Study Group. New England Journal of Medicine 1997, Jan 2;336(1):1-7.
35. Prendergast, J.J., Gesundheit, Neil: ERECTILE RESPONSE TO TRANSURETHRAL ALPROSTADIL, PRAZOSIN, AND ALPROSTADIL/PRAZOSIN COMBINATIONS, to be published in the Journal of Urology, June, 1998.
36. Charles Ahlfors, MD, Patricia Alley, BS, J. Joseph Prendergast, MD et. al: EFFECT OF IMPLANTED INSULIN PUMPS ON FLUORESCHEIN TRANSCAPILLARY EXCHANGE TIME IN TYPE 1 DIABETES MELLITUS. Endocrine Practice Vol. 4, No 2, March/April 1998 pg. 73-75
37. Peterson CA, et al. ERECTILE RESPONSE TO TRANSURETHRAL ALPROSTADIL, PRAZOSIN AND ALPROSTADIL-PRAZOSIN COMBINATIONS Journal of Urology 1998 May;159(5):1523-7.
38. Speroff, Leon et al (Prendergast), THE COMPARITIVE EFFECT on BONE DENSITY, ENDOMETRIUM, and LIPIDS of CONTINUOUS HORMONES as REPLACEMENT THERAPY (CHART STUDY). JAMA Vol. 276. No 17 pg. 1397-1403.
39. J. Joseph Prendergast, MD, A. Kirchhofer, COROPORATE MODEL FOR EHEALTH DIABETES.CDC Diabetes Translation Conference 2000, New Orleans, Louisiana, April 17-20, 2000
40. Steven Harris, MD (J.J. Prendergast, MD) Effects of Risedronate Treatment on Vertebral and Nonvertebral Fractures in Women With Postmenopausal Osteoporosis. JAMA Oct. 13, 1999, volume 282,number 14, p. 1344-1352
41. J. Joseph Prendergast M.D., Penelope Mays and Michelle Perrot Internet Augmentation called Team Diabetes Care abstract in program 2000 The American Diabetes Association 60<sup>th</sup> Scientific Session.
42. J. Joseph Prendergast, MD, Medical Director, DiabetesWell; Autonomic Dysfunction and Diabetic Autonomic Neuropathy-Detection, Prevention, and Treatment. "White Paper" Fall 2000.
43. J. Prendergast, MD, Walter Bortz, MD and Jack Higgins, MD have had an article published in the June 1 issue of the Californian Journal of Health Promotion. The article describes the Promotora Telemedicine Project and is available online at <http://www.csuchico.edu/cjhp/1/2/index.htm> (click on pages 36-43). An advantage of accessing the article online is that you can view the illustrations. Instead of photos, these illustrations consist of two streaming video clips.
44. Prendergast, J. Joseph "Diabetic Autonomic Neuropathy, Part 1 Early Detection," Practical Diabetology, March 2001, 7-14
45. Prendergast, J. Joseph Diabetic Autonomic Neuropathy, Part 2, Treatment, Practical Diabetology, March 2001, 33-36

## **Publications (continued)**

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46. Improvement of Sensory Impairment in Patients with Peripheral Neuropathy, JJ Prendergast, G Miranda, M Sanchez Endocrine Practice Jan/Feb 2004, Vol 10, #1 pg 24-30
47. Monochromatic Infrared Energy: New hope for Painful, Numb Feet? J Prendergast, P Scarborough, T Burke, Diabetes Self Management Mar/Apr 2004 pg 52-57.
48. J. Joseph Prendergast, MD, Dr. Joe's Rx for Managing Your Health, Flourish Press, ISBN # 1-59975-022-8, January 2006
49. Heart to heart, Modern Hygienist, May 2006, pp. 24-26.

## **Video Productions**

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|----------------|--|
| February, 1992 | Sequoia Hospital Pump Program; Sponsor Diabetic Treatment Centers of America   |
| December, 1992 | Demo Tape Intravital Microscope; Sponsor Pacific Medical Research Foundation   |
| December, 1992 | Foot Wound Care in The Diabetic; A Perspective; Sponsor Telios Pharmaceuticals |

## **Poster Presentations**

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| June, 1994    | American Diabetes Association; Annual Meeting; New Orleans. EFFICACY AND TOLERABILITY OF LISINAPRIL AND NIFEDIPINE GITS IN HYPERTENSION ASSOCIATED WITH NON-INSULIN DEPENDENT DIABETES (NIDDM). Neal Friedman, M.D., Lovelace Scientific Resources, Albuquerque, NM; Deborah A. Anzalone, M.D. and Anastasia M. Wilson, MA, ZENECA Pharmaceuticals Group, Wilmington, DE for the Hypertension in Diabetes Group. |
| June, 1995    | American Diabetes Association; Annual Meeting; Atlanta. FLOURESCIEIN ESCAPE TIME MONITORED BY INTRAVITAL MICROSCOPY IN PATIENTS WITH IMPLANTED INSULIN PUMPS. Charles E. Ahlfors, J.J. Prendergast, et al.   |
| 1995          | American Urologic Association, Las Vegas, TREATMENT OF ERECTILE DYSFUNCTION BY MEDICATED URETHRAL SYSTEM FOR ERECTION (MUSE). Padma-Nathan, H., Prendergast, J.J., et al. 1995 Las Vegas.  |
| June, 1995    | American Diabetes Association; Annual Meeting; Atlanta. THE DIABETES PREVENTION TRIAL - TYPE I DIABETES (DPT-1): IMPLEMENTATION OF SCREENING AND STAGING OF RELATIVES, DPT-1 Study Group, Bethesda, Maryland.  |
| 1995          | Symposium on Wound Management, San Diego. DECREASED RECURRENCE OF DIABETIC FOOT ULCERS AFTER HEALING BY CULTURED HUMAN DERMIS, Gentzkow, G., Prendergast, J.J., et al. 1995.   |
| May 3-7, 2000 | CDC Diabetes Translation Conference 2000. Reducing the Burden of Diabetes. RURAL MODEL FOR EHEALTH DIABETES CARE. J. Joseph Prendergast, MD, Penelope Mays, RN, CDE.   |
| May 3-7, 2000 | CDC Diabetes Translation Conference 2000. CORPORATE MODEL FOR EHEALTH DIABETES J. Joseph Prendergast M.D., Ardine Kirchhofer.  |
| June 21, 2000 | ENDO 2000 The Endocrine Society 82 <sup>nd</sup> Annual Meeting, poster presentation. Diabetes Management with Internet Augmentation. Joseph Prendergast, Jack Bagdade, Penelope Mayes, Michelle Perrot.   |